

2016 SPECIAL Report

VIOLENCE INTERVENTION PROGRAM

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VIP Spotlight



We are excited to welcome long-time supporter and Board member, Linda Bernstein Rubin, in her new role as VIP's new Board Chair!

"As the new Board Chair, I have supported Dr. Astrid Heger and the Violence Intervention Program (VIP) for over 15 years because I have seen both the immense need and life-changing impact their programs have on the lives of so many who have been scarred by abuse and violence, including children, foster youth, families, the elderly, and women who have been sexually exploited."

— Linda Bernstein Rubin,
VIP Board Chair

Caring for Kids, Teens and Families



Each year, VIP learns more and more about the many challenges our clients face due to the abuse, neglect and trauma they have experienced.

After 30 years of working in this field, we know that children need to have a **safe place** to grow and mature; teenagers who are homeless or products of the foster care system are extremely vulnerable to mental health issues, incarceration, and human trafficking; and that parents or caregivers hoping to **break the cycle of abuse** must create a loving and nurturing environment for their children. As our clients begin to face new struggles, VIP continues to **build new, innovative programs** that address these needs head on.

Because of our supporters, VIP can provide services and resources no other Los Angeles County-based nonprofit or government agency can provide.

In 2016, we introduced new programs aimed at addressing the unique needs of L.A.'s most vulnerable teens, supporting parents and caregivers in an ever-changing social environment, and helping ensure the youngest victims of trauma not only survive, but also thrive.

It's supporters like you that give VIP the chance to make a lasting change in our clients' lives. This report highlights the work you helped bring to fruition . . . ***Thank you for making a difference!***

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Ongoing Hope

Our Purpose

Mission Statement

To protect and treat all victims of family violence and sexual assault.

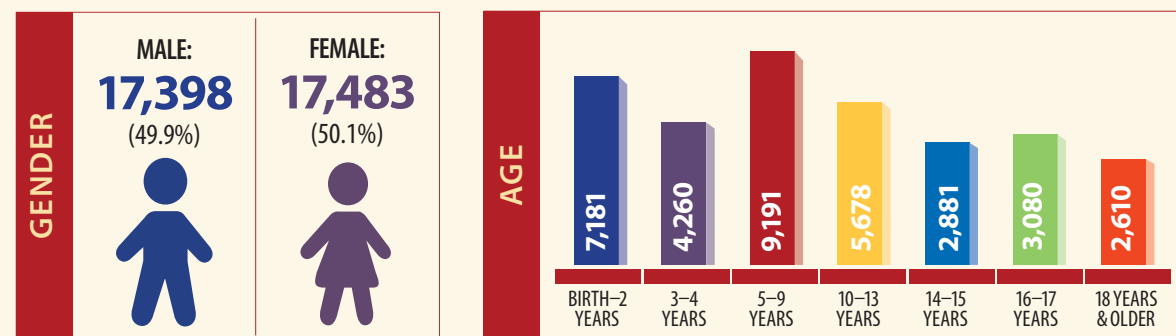
Impact Statement

Provide better outcomes for victims of abuse, neglect, and sexual assault — and the families that support them — to ensure their long-term success.

Why We Serve

In 2015, there were over 170,000 Child Safety Investigations in Los Angeles County. More than 85% of those investigations were due to physical, sexual abuse or neglect.*

Abuse is reported countywide amongst boys and girls in all age groups, but a large percentage is associated with infants and toddlers.



More than 60% of child abuse cases reported in Los Angeles County are evaluated by the expert staff at VIP.

Children, teens, and their caregivers are referred to VIP because of our long-standing commitment of going beyond traditional care to help clients become their best selves through innovative programs.

Our Philosophy

"What do you need?" and "How can we help?" These two questions encapsulate the core of VIP's model of care. Our goal is to build trust with our clients by providing tailored services that meet their individual needs in a safe, caring environment.

Every day in L.A. County, 30 children are removed from their home by children's services. VIP sees 15-20 of those children.



"It's my pleasure to congratulate VIP on another successful year. Constituents in need of your services are encouraged by the possibilities created through VIP, and benefit widely from your attention to detail and diversity. Many thanks to VIP for its high-quality care, compassionate support and dedication to ensuring all children have the resources they need to thrive."

— Hilda L. Solis, Supervisor, First District

*Department of Children and Family Services (DCFS) report, 2015

A Bright Future for Kids

For children who have experienced trauma, abuse, or neglect, the earlier we can address their emotional wounds, the greater likelihood that we can make a lasting difference in giving them what they need to succeed and ultimately, break the cycle of abuse.

Below are a few highlights from programs that directly impact the lives of our children.

Birth to 5

Many of the mothers who turn to VIP for help are young, had an unplanned pregnancy and/or were previously exposed to violence and abuse. These factors can make it difficult for them to connect with their young ones, sometimes resulting in perpetuating the cycle of neglect and/or abuse.

Birth to 5 is an innovative program that provides early intervention to create positive lasting effects for both baby and caregiver. Through therapies that work directly with both the child and caregiver, we are able to offer them the tools to cope with their stress and trauma in healthy ways.

This past year, VIP reached a major milestone by beginning to offer services in two local **Early Education Centers**, allowing us to address the needs of preschoolers and their families.

FASD Programs

One in 100 children are born with **Fetal Alcohol Spectrum Disorder (FASD)** — affecting more children than Cerebral Palsy, Cystic Fibrosis, Down Syndrome, SIDS, and Spina Bifida combined. Children with FASD can experience developmental delays, learning disabilities, and have difficulty managing their day-to-day lives. Left unaddressed or untreated, many will have issues finding gainful employment, be incarcerated in their lifetimes, and will have ongoing mental health issues.

Our **FASD Programs** are one of the largest in the country, providing diagnosis and treatment to an underserved population of children affected by FASD as well as supporting their caregivers through early education and counseling. Over the last year, the FASD program has continued to grow as **VIP continues to be one of the very few mental health agencies in Southern California providing services to families impacted by FASD.** In 2016, 58 caregivers benefited from FASD interventions at VIP and received the skills and tools needed to work with their child.

School-based Program

Visiting our offices for mental health services can prove to be challenging for children with limited access to transportation and/or trauma induced stress. VIP launched our **school-based program** in 2010, which offers onsite care directly to students and creates a support system where they need it most — at school. **This past year, the program grew exponentially into 24 elementary, middle and high schools, with several more on the way — the largest number of schools we have been in to date!**

- 2 Early Education Centers
- 13 Elementary
- 4 Middle Schools
- 5 High Schools



VIP is the only 24/7 medical facility for foster care children and provides care for 70% of all foster children in L.A. County.

Giving Teens a New Start

The teens and young adults we see at VIP are some of our most difficult cases and the challenges they face are multi-faceted and growing.

Foster Teens & Transitional-Aged Youth — Many of our teens have been in the foster care system for most of their lives, experiencing severe trauma that results in behaviors caregivers can find difficult to manage.

Once foster teens reach adulthood, there is little support to help them transition out of the system. Many end up on the streets, have issues finding employment or completing school, and/or become victims of trafficking.

Commercially Sexually Exploited Children (CSEC) — Los Angeles County is a major hub for the commercial exploitation of children, with some victims as young as 10 years old. Almost all of these children have previously been in the child welfare system and have a history of abuse or neglect.

High-risk Youth — VIP also recognizes the need to provide services to teens discharged from probation, pregnant and parenting teens, and other high-risk youth in the community.

LGBTQ Foster Youth & Adults — We know that one in five foster youth in Los Angeles identify as LGBTQ and have their own specific medical, mental health, and advocacy needs. For the LGBTQ community, these services can be difficult to locate and access, particularly in the East Los Angeles region.

Thanks in large part to your generous support, VIP is in the final phases of completing construction of the **Leonard Hill Hope Center**, a new comprehensive service center that will bring together services for high-risk and foster care transitional youth to successfully transition into adulthood. These services will include private and group therapy, tutoring, support to complete high school and prepare for college, life-skills classes, computer classes, and case management. There is no other center like this available to youth in the East Los Angeles region.

The Leonard Hill Hope Center will officially open in September 2017.

Compassionate Care Through the Adolescent Care and Transition (ACT) Clinic

Last year, VIP opened our Adolescent Care and Transition (ACT) Clinic at the VIP Children's Medical Village, which serves as a medical and special resources home for these highly vulnerable populations. The ACT Clinic offers ongoing medical care and provides access to social workers, therapists and case managers to meet the unique needs of these youth.

In our first full year of providing services, we provided ongoing care to over 750 young adults.

At the end of the year, VIP started a medical unit in the ACT Clinic to address the unique needs of LGBTQ foster youth, including specialized medical care, mental health care, hormone treatment, locating LGBTQ-friendly housing, and legal advocacy. The need for these services are so great that the clinic already has a waiting list for services.

In addition, VIP launched our specialized clinic for commercially sexually exploited children (CSEC). The Succeeding Through Achievement and Resilience

(STAR) Court (a victim-centered court in Los Angeles that supports youth who are survivors of commercial sexual exploitation and trafficking) designated the VIP CSEC Clinic as their primary referral site for ongoing medical care and support. Since opening, the CESC Clinic is seeing approximately 100 youth per month.



VIP is the sole-source provider of Youth Placement Stabilization services in L. A. County for children and teens in the foster care system.









Serving the Whole Family

Most of the families we work with live at or below the poverty line and face significant financial hardships in their day-to-day lives. For many of our caregivers, it is an overwhelming challenge to meet the basic needs of their families.

H.E.A.R.T. (Helping Ease Abuse Related Trauma) is a membership group that works to raise funds for and offer support to the child victims of abuse receiving services at VIP. Comprised of advocates, professionals and philanthropists, our members have created a community dedicated to making a thoughtful impact on the lives of abused children and the caregivers who strive to keep them safe.

Our H.E.A.R.T. members and community-minded Friends of H.E.A.R.T. donate \$1,000 or more every year to support the "essential nonessentials", items that help our children and their families meet their most basic needs that are still so critical on their path to healing. With the support of H.E.A.R.T., VIP clinicians and case managers can ensure that the family unit is strengthened and supported as the client and their family work toward their mental health goals. By providing services that focus on parenting support, emergency relief and unmet needs, VIP can help our clients in an integrated and holistic way.

Here are just a few of the many ways H.E.A.R.T. donations have made a lasting difference in the families we serve.

-  **\$24** towards a bus pass for Renee to get to her appointments at VIP.
-  **\$52** to pay for Melissa's college application fees.
-  **\$80** to help purchase a high school graduation package for Joe.
-  **\$115** for art classes so that Miranda could have a healthy outlet to express her feelings.
-  **\$185** to ensure that Abraham has proper glasses to see at school.
-  **\$230** to help new mom Kristina purchase a safe car seat for her baby.
-  **\$550** for emergency housing to protect Amelia and her son fleeing a dangerous domestic violence situation.
-  **\$750** to buy enough beds so Julia and her four children wouldn't be sleeping on the floor.

H.E.A.R.T.
helping ease abuse related trauma

In 2016, H.E.A.R.T. membership grew to over 180 donors and raised more than \$246,000. Thank you H.E.A.R.T. members for all that you do!



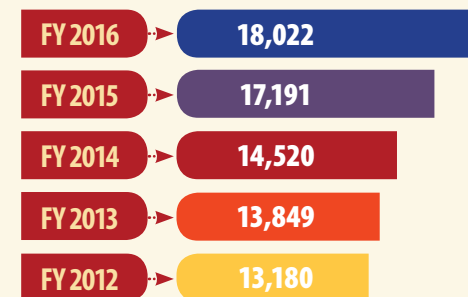
H.E.A.R.T. Advisory Board

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Astrid Heppenstall Heger, M.D.
Ali Kay
Mareva Marciano
Fran Lasker
Alison Petrocelli
Shiva Rose
Tawny Sanders
Cio Soler
Molly Isaksen Sures
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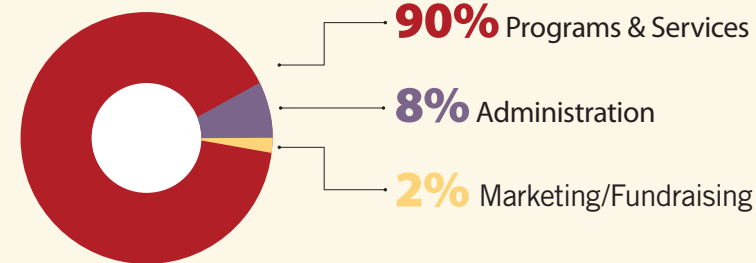
VIP Impact — By the Numbers

VIP continues to grow in size and scope, impacting a greater number of children, teens, and families with each passing year. 2016 was one of our biggest years yet, seeing more children and families than ever before. Below are a few highlights from 2016 that we're proud to share with you.

NUMBER OF CLIENT SERVED



HOW YOUR GIFT IS USED



OPERATING BUDGET

2016	\$11,329,425
2015	\$8,857,841
2014	\$8,113,762
2013	\$7,079,956
2012	\$7,182,530

- 5,956** clients received mental health services
- 2,116** toys distributed during our Holiday Toy Drive
- 1,300** backpacks collected and distributed to students & siblings
- 391** clients received ongoing mental health Case Management
- 24** Los Angeles schools received VIP's mental health services

VIP Volunteers have vital roles that impact the children and families we serve every day.



- ▶ **2,265** volunteer hours
- ▶ **150** volunteers
- ▶ **\$62K** savings in staff salaries that gets reinvested into VIP programs.
- ▶ VIP Volunteers helped children from over **70** local schools in 2016!

Volunteers serve as a **Mentor, Tutor, Child Care Provider, Educator**, or provide administrative support.



Our Funders and Supporters



VIP is grateful for the financial and in-kind support we receive from our partners and friends. We would like to acknowledge the individuals, foundations, government agencies, corporations and community partners who gave \$500 or more during fiscal year 2016.

Individual Donors

Debbe Adamson
Page and Lou Adler
Helen Kim Ahn
Melissa Akkaway
Vanessa Alexander
Cathy Moretti Anderle
Joyce Arad
Lovee DuBoef Arum
Charmaine Bailey
Lynda Barber
Rachelle Barrack
Red Barris
Lara Baumgarten
Chris Benarroch
Claire Benarroch
Lauren and Kevin Bender
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Ria Berkus
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Linda Caan
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Elizabeth Chait
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Nicoletta Heidegger
Maya Henry
Shelli Herman
Laurie Herz
Lysa Heslov
Sydney Holland
Phyllis Holton
Molly Hughes
Angela Janklow
Jenny Jones
Nina Montee Karp
Ali Kay
Jenni Kayne
Leah Ketchum
Jena King
Blair Kohan
Janna Kohl
Larry and Stacey Kohl
Christina Kompon
Staci Koondel
Sonny Kothari
Stephen Krai
Judy Laner
Kristen Langan
Fran Lasker
Siena Lasker
Bianca Levin
Rick and Sandy Leweke
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Leona Lewis
Maryam Lieberman
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Crystal Lourd
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Anne McCollum
Jackie Mckenzie
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Sybil Robson Orr
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Greg and Patty Penske
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Fernando and Linda Roth
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Shirley Wilson
Tia Wou
Cathy Wung Lai
Brooke Wyard
Elaine Wynn
Gillian Wynn
Kevyn Wynn

Corporations/Community Partners

360 Sweater
Acacia Capital Corporation
The Actors' Gang
American Medical Women's Association –
Keck School of Medicine of USC
Baby2Baby
Bank of America Charitable Gift Fund
Beta Theta Pi – Gamma Tau
Boston Properties
Christopher Robbin Preschool
Church of the Adventist Fellowship
Cuyana
Dollies Making a Difference
Equity Office Properties
Goethe International Charter School
The Grove
GUESS, Inc.
Hell's Belles Car Club – Los Angeles
Herschel Supply Co.
Holy Angels Elementary School
JanSport
Jenny Chase, Inc.
Joyful Heart Foundation
KBKG, Inc.
Lisa Tunstall Ministries, Inc.
Los Angeles Clippers
Los Angeles County Department of Public Health –
Maternal Child & Adolescent Health
Matches Fashion
Matisse Footwear
Microsoft Corporation
Motor4Toys
Occidental College Baseball & Softball Teams
Onward Search
Playa Vista Moms Group
Reading is Fundamental
Robbins Nest Preschool

Sempra Employee Giving Network
Sheppard, Mullin, Richter, &
Hampton LLP
Sketchers
Sprinkles Cupcakes
Starz Entertainment
State Bags
Stella McCartney America, Inc.
Stuff 4 Multiples
USC Keck School of Medicine –
Department of Orthopedic Surgery
USC Keck School of Medicine –
Division of Biokinesiology and
Physical Therapy
Valentino
Wally's
Your Voice

Government

Los Angeles County Department of
Health Services
Los Angeles County Department of
Mental Health

Foundations

Bank of America Charitable
Foundation
Corrigan-Walla Foundation
David Vicker Foundation
Do A Little Fund
Elaine P. Wynn and Family
Foundation
First 5 L.A.
Good News Foundation
In-N-Out Burger Foundation
Kaiser Foundation Hospitals
Leonard Hill Charitable Trust
Lon V. Smith Foundation
Maurice Marciano Family
Foundation
Milagro Foundation
Morris A. Hazan Foundation
Orange County Community
Foundation
QueensCare
Ralph M. Parsons Foundation
Rose Hills Foundation
The California Endowment
Motor4Toys
The Charitable Foundation
The Charles & Lucille King Family
Foundation
Wasserman Foundation
Wolfson Family Foundation

In coordination with First 5 L.A., the Herman Ostrow School of Dentistry of USC, and the Los Angeles County Department of Health Services, VIP opened a new pediatric dental clinic in 2016.

Providing Ongoing Hope

We've been able to accomplish so much at VIP because of donors like you.

We hope to build on this success in 2017 by continuing to provide medical and mental health services for the benefit of the Los Angeles community as well as continue to improve local, regional and national policies to support children and families impacted by violence and poverty.

VIP is working to expand our life-changing mental health services offered by—

- Supporting The Pediatrics unit at LAC+USC Medical Center
- Adding schools to our school-based program
- Including more opportunities for youth mentoring programs
- Opening the Leonard Hill Hope Center
- Providing more parenting classes and educational opportunities for caregivers
- Increasing medical providers and support services within our ACT, CSEC, and LGBTQ Clinics.

In order to meet the demands of our clients and continue to grow as an organization, we depend on your generous support. Our work is not possible without you.

Together we can make a lasting difference in the lives of children, teenagers, and their families.



More Ways to Help

- **Become a H.E.A.R.T member at heartofvip.org**
- **Donate stock options**
- **Make a financial contribution at VIP4Kids.org/donate**
- **Collect school supplies to support our Back to School Drive**

Become a VIP Volunteer!

You can help the children and teens we serve as a Mentor, Tutor, Child Care Provider, Educator or Administrative Volunteer.

To learn more about our volunteer opportunities or apply*, please visit VIP4Kids.org/getinvolved.



*VIP Volunteers must meet certain requirements to work with children and teens.

IOLENCE INTERVENTION PROGRAM

The mission of the Violence Intervention Program is to protect and treat all victims of family violence and sexual assault.



Facebook.com/ViolenceInterventionProgram



@VIP_4_Kids



@heartofVIP

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